



## Nappy changing

### Policy statement

At The Play Cabin, we provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults. No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and may be wearing nappies or the equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

### Procedures

- Our key persons regularly check all children in their care who are in nappies or 'pull-ups'; and change nappies as required.
- Children must be changed immediately if their nappy becomes soiled or wet.
- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Key persons must record all nappy changes detailing the time of the change and whether it was soiled or wet.
- Students and volunteers never change children.
- We encourage young children from two years to normally wear pull-ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Each child has their own bag with their nappies or pull-ups.
- Our staff put on disposable gloves and aprons before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We encourage children to take an interest in using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.



- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull-ups hygienically. Any soil (faeces) in nappies or pull-ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.